Alexandria Women's Center

3304 Masonic Dr · Suite 4001. Alexandria, LA 71301
318-443-7222

Name____Date____________
Referred by____
Birthdate:_________________________Age______ Ethnicity____________
Mature adult height _______Present Height_______ Weight____________

Have you been diagnosed as having osteoporosis? Yes No
If yes, by x-ray:_____ By previous BMD ______ Other________________

Menstrual History: Age of onset:_____As an adult,were your periods regular?_______
If no, explain:____________________
Have you: Had a hysterectomy? Yes No Age:____________
Had your ovaries removed? Yes No Age:____________
Gone through menopause? Yes No Age:____________

Check any of the following that apply to you:

___Family history of osteoporosis
___Rheumatoid Arthritis
___Diabetes
___Paget's disease
___ Cushing's syndrome
___ Uterine cancer
___Abdominal surgery: when____ type_____
___Cancer (type and date)
___Parathyroid disease
___Back pain
___Surgery on back or either hip
___Degenerative Kidney or Liver disease
___Breast cancer
___Thyroid disease/dysfunction
___Bowel disease (type)
_Broken bone as an adult (list site and date) ____________________
_Organ Transplant______________________________

Circle those that apply

Antacids_____________ duration_____
Anticoagulants___________ duration_____
Steroids (Prednisone) duration_____
Ditantin / Phenobarbital duration_____
Evsta/Raloxifere duration_____
Calcitonin (Miacalcin, Calcimar)duration_____
Didronel (Etidronate) duration_____
Diuretics duration_____
Fluoride duration_____
Fosamax (Alendronate) duration_____
Hormones:
Estrogen/Progesterone duration_____
Synthroid duration_____

Alcohol: amount weekly____________
Caffeine: coffee___cups/day_________
tea___ glasses/day_______
soda___ glasses/day_______
Cigarettes: ____ packs per day _____
# of years___________D/C ________
Lactose intolerance______________
Daily calcium: dietary ___supplement__
Vitamin D:supplement__multivitamin __
Exercise: type______ days a wk______

Additional Medications -(write on back of sheet)
FALL HISTORY:____

_______________________________ARRT (R) (M), RDMS